#### SIGNS AND SYMPTOMS OF SUBSTANCE USE

- Change in friends
- Negative changes in school work or missing school
- Lack of interest in previously enjoyed activities such as sports or music
- Increase in borrowing money or missing money
- Increased secrecy about possessions, friends or activities
- Evidence of drug paraphernalia such as pipes, rolling papers, etc.
- Evidence of use of inhalant-products
- Bottles of eye drops
- Missing prescription drugs or medicine



John J. Niez Superintendent of Schools

Dianne Clagett Director of Guidance

#### Student Assistance Coordinators

 Filitsa Pecoraro -KHS glinospecoraro@keansburg.k12.nj.u 732-787-2007 ext. 2556
Tonya M. Tritto- BMS ttritto@keanburg.k12.nj.us 732-787-2007 ext. 2521



KEANSBURG SCHOOL DISTRICT STUDENT ASSISTANCE PROGRAM

MRS. PECORARO, SAC MS. TRITTO, SAC

> 732-787-2007 EXT. 2556/2521

Keansburg Board of Education 100 Palmer Place Keansburg, NJ 07734

# WHAT SERVICES ARE PROVIDED?

- Individual and group counseling
- Speakers and assemblies
- Leadership programs
- Prevention education
- Intervention and referral
- Conflict resolution
- Smoking cessation
- Assessment and early intervention counseling

### HOW ARE STUDENTS REFERRED?

Students whose lives have been impacted by substance abuse can be referred by fellow students, staff, parents, or through self-referral. Referrals are confidential. Students have a right to services without parental consent pursuant to 42 CFR Part 2 and N.J.S.A. 18A:40A-7.1 and 7.2

# WHAT HAPPENS AFTER A REFERRAL IS MADE?

- The Student Assistance Coordinator (SAC) gathers data such as grades, attendance, discipline
  - referrals and/or classroom observations to determine if there is a significant problem.
- An interview is scheduled with the student.
- This interview results in a plan of action. The student may be provided with counseling or a referral for outside services.
- At times the problem is beyond the scope of services the school is able to provide during the academic day. The parents and/or student are given information about counseling services available within the

community.

# BENEFITS OF A SCHOOL STUDENT ASSISTANCE PROGRAM

- Promotes a safe and drug free school environment
- Empowers students to grow in the face of challenges
- Helps teachers, administrators and counselors by taking a team approach to solving problems that hinder a students academic success
- Matches student needs and strengths with support resources
- Promotes a climate at school that results in increased productivity and performance
- Meets local students needs